

## **Kelli R. Underwood, LCSW**

Kelli Underwood is a speaker, trainer, and psychotherapist. Ms. Underwood received a Master's degree in Social Work from Indiana University in 1996. She was the Director of Child and Family Programs and a psychotherapist at the Center for Contextual Change in Chicago, a nationally renowned trauma treatment center, for fifteen years. At the C.C.C., Kelli treated children, adolescents, adults and families impacted by all types of traumatic experiences. She trained and consulted with area clinicians, residential facilities, day care providers, schools, and various agencies treating youth, adults, and families who have experienced trauma. She conducts numerous trainings on a variety of topics surrounding trauma, bullying, substance use, mental health issues, trauma, and compassion fatigue to healthcare professionals, educators, students and parents. She was an adjunct faculty member at the University of Chicago's Master's in Social Work Program for seven years. She trains therapists on Transformative Insight Imagery, a holistic treatment technique. Kelli also consults on organizational change, providing inspirational speaking's on wellness and energy management, team building experiences and staff retreats.