

Kelli Underwood, LCSW

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EDUCATION

- 1996 *M.S.W.* Indiana University, Indianapolis, IN, Advanced Standing Program
1994 *B.S.* in Social Work, Manchester College, North Manchester, IN
Minor: Psychology

CERTIFICATIONS

- 2015 *Somatic Experiencing Beginning Year Certification.*
2007 *EMDR (Eye Movement Desensitization Reprocessing).* Completed Level 1 & 2, approximately 30 hours of training, and four years of consultation
1999 *Transformative Insight Imagery Certification*, 64 experiential hours
International Institute of Transformative Insight Imagery, Chicago, IL.
1998 *Marital & Family Therapy Certification*, 180 hours. Family Therapy Institute at Family Works, Inc. Indianapolis, IN

AREAS OF CLINICAL EXPERTISE

Highly regarded Trainer, Therapist and Adjunct Professor, who specializes in:

- Systemic, multi-disciplinary, collaborative treatment of survivors, offenders and families who have experienced trauma or abuse.
- Adolescents and adults with problematic sexual behaviors
- Complex PTSD in youth and adults
- Teaching “how” to change
- Compassion fatigue, energy management and wellness

WORK EXPERIENCE

- 2012-present *Speaker, Consultant, Psychotherapist*, To Be Aligned, Durham, N.C.
- Design powerful clinical trainings for therapists, schools, and community organizations.
 - Provide effective clinical case consultations to residential facilities, private therapists, and schools on difficult cases, involving violence, incest, and trauma.
 - Strengthen school based mental health through training and consulting, igniting creative problem solving.
 - Successful school consultations on students social, emotional and behavioral challenges.
 - Conduct comprehensive School Based Mental Health Assessments for school districts and equip Behavior Specialists with tools for teachings skills to students.
 - Deliver dynamic workshops on health and wellness, energy management, team building and spirituality.
 - Choreograph transformative organizational change through trainings and consultations.
 - Train and certify therapists in Transformative Insight Imagery.
 - Generate digital citizenship movements with parents, students, faculty and administrators at Chicago area schools.
 - Facilitate healing in private practice for individuals, couples and families to all ages (3 years old and up) with emphasis on trauma.

2006-2013 *Director of Child and Family Programs*, Center for Contextual Change, Inc.
Skokie, IL

- Actively participated in bi-monthly leadership meetings, pioneering programs and processes for an efficient and profitable business, while advancing our reputation for clinical excellence. Assisted in restructuring business hierarchy, clinical supervision system, and clinical teams. Anonymous staff surveys indicate increased satisfaction with new structure. Office space, employee benefits, and hiring staff have significantly expanded over the past four years.
- Team Leader for the Adolescent clinical team and the Child clinical team. Organized meetings according to team members' needs and goals. Collaborated with clinical team to analyze gaps in trainings or services and market them. Inspired and supported staff to implement new services (groups, trainings). Facilitated engaging and participatory case consultations. Trained therapists on the current evidence based practices and provide the training resources for team members.
- Supervised four therapists. Created a safe context that fostered clinical and personal growth. Offered innovative treatment strategies and expanded clinician's self-awareness. Encouraged therapist's self care and addressed counter- transference.
- Devised formal trauma assessments and trained staff. Researched and purchased additional assessment tools. Requests for assessments have increased 30% over the past year.
- Supervised and trained graduate interns from 2003-2009. All interns obtained jobs in the field and remain in communication.
- Managed contracts and negotiated increased fees for service with DCFS and subcontracted agencies 2006-29009. Updated quarterly reports and assisted staff in completing.

1998-present *Therapist, Center for Contextual Change, Inc.* Skokie, IL

- Provided individual, group, couples and family outpatient therapy to all ages (3 years old and up) with emphasis on trauma. Half of clients were families, couples and adults and half were children and teens. Effectively assisted with A.D.D., depression, anxiety, learning challenges, family conflict, divorce.
- Expertise in assessing and treating youth and adults with problematic sexual behaviors.
- Facilitated group for adults who have committed sexual offenses for past 15 years. 95% of the men who successfully complete treatment have had no new allegations or arrests. Graduated participants of this group paid a nominal fee to voluntarily attend group monthly, for ongoing support and to mentor the newer members.
- Eclectic, integrative treatment approach (DBT, CBT, EMDR, T.I.I., play therapy)
- 100% of referrals are direct from personal referral base rather than from CCC. Receive 2-5 referrals per week.

1996-1998 *Family Therapist, Family Works, Inc.* Indianapolis, IN

- A home-based family preservation & reunification agency.
- Conducted individual, couple and family therapy to clients in the child welfare system, with the majority of clients successfully reunifying and remaining intact.
- Improved the crisis sex abuse assessments with families, offenders, victims by standardized the written report and adding objective measures.
- Supervised Family Aide program. Designed new visitation form and trained staff on therapeutic visits.

1995-1996 *Family Aide, Family Works, Inc.* Indianapolis, IN.

- Aided clients with concrete needs – medical appointments, food pantries and attending services in goal of reunification with children. Supervised visits.

1994-1995 *Volunteer in Service to America (V.I.S.T.A.)* for AmeriCorps, Prevent Child Abuse Indiana, Indianapolis, IN.

- Organized volunteer child abuse prevention councils for counties in northeastern Indiana.

TEACHING POSITIONS

2007-2013 Adjunct Faculty, *University of Chicago Social Service Administration*, Master's of Social Work program. Chicago, IL

- Taught over 115 second year students annually with waiting lists. Classes included:
41700 - Abusive Family Systems (fall and winter trimester) 45-student elective class in high demand with a regular waiting list of 12 -15 students. Direct Teaching Assistant and oversee grading
- 60800 - Child and Adolescent Trauma (41700 pre-requisite) 25 students with a regular waiting list of 5 to 10.
- Consistently receive ratings of 4.5 out of 5.0 or higher on student evaluations

2004-2006 Adjunct Faculty, *Chicago School of Professional Psychology*, Chicago, IL.

- Master's in Clinical Psychology program. Taught Family Therapy and Interviewing Skills (a 2 semester course).– 30 students per class. Excellent evaluations each semester.

1999-present Faculty, *Transformative Insight Imagery*, Chicago, IL.

- Faculty member of the International Institute of Transformative Insight Imagery. Certified in using T.I.I.'s holistic approach to facilitate profound healing by bridging the conscious and unconscious. Own all copyrighted material as of 2010. Currently rewriting materials for publication.

CONSULTATIONS

2013- present *Orange County School District*, Hillsborough, NC.

2011- present *Waldorf School (k-12th)*, Chicago, IL.

Consultations with staff and regular trainings to parents and students on bullying, sexuality, and substance use with staff and administrators.

2013-2014 *Niles North High School*, Niles, IL. Creating a digital citizenship movement to improve social media culture at the school.

2012 *Eye to Eye Project*. New York, NY. Programmatic consult on creating a protocol on handling disclosures of abuse.

2012 *Glenview Elementary School District, IL*. Case consultation.

2011 *Jewish Child and Family Services*, Chicago, IL. Case consultations.

2010-2013 *Rice Children's Home Residential Treatment Facility, Children's Home and Aide Society*, Evanston, IL. Monthly consults with clinical team and monthly consults with Triads (Therapists, Supervisors and Case Managers).

2010-Present *Case Consultations with Various Private Practitioners and School Social Workers*, Chicago land Area, IL.

2010 *Jewish Child and Family Services*, Chicago, IL. Case consultations.

2009 *Jewish Child and Family Services*, Chicago, IL. Case consultations.

2008 *Children's Home and Aide Society*, Chicago, IL. Case consultations.

2008 *Glenview Elementary School*, Glenview, IL. Case consultation

2006 *Jewish Children and Family Services*, Chicago, IL. Case Consultation.

2006 *North Shore Academy*, Highland Park, IL. Case consultations

2003-2004 *Willow Grove Elementary School*, Buffalo Grove, IL. Ongoing consultations on one student

PROFESSIONAL AFFILIATIONS

2014-present *Rapid Resources for Families of NC Board Member and Secretary*, NC.

2011- 2013 *Lake County Child Abuse Case Review Board*. Northbrook, IL. Review recent child abuse cases at the Child Advocacy Center with professions involved in investigations (police, DCFS, State's Attorney's Office, CAC, Medical team).

2007-2013 *Illinois Child Trauma Coalition*. Member and Program Development Committee.

- 2006-2013** *Network of Treatment Providers (for sexual abuse).* Chicago Children's Advocacy Center. Member of NTP and served on the steering committee.
- 2003-2008** *North Network Coalition.* North shore youth service providers networking group. Vice President from 2004-2006.
- 2003-2013** *Sex Offender Management Board (SOMB)* approved therapist.

PRESENTATIONS

- 2016, August** *Treating Children Who Have Been Sexual Abused,* Illinois Coalition Against Sexual Assault Two Day Training, Springfield, IL
- 2016, August** *Team Building* for faculty at Carrboro High School, Carrboro, NC.
- 2016, May** *Transformative Insight Imagery Level 2 for Clinicians.* Center for Contextual Change, Skokie, IL.
- 2016, April** *Caring for the Caregiver.* Child Care Network, Chapel Hill, NC
- 2016, March** *Transformative Insight Imagery Level 1 for Clinicians.* Center for Contextual Change, Skokie, IL.
- 2016, Feb** *Being Effective With Dys-regulated Kids,* Hillsborough, NC.
- 2015, Oct.** *Treating Traumatized Teens,* WAFCA all day conference, Osh Kosh, WI.
- 2015, Aug** *Treating Traumatized Children and Teens,* a Two Day Training at the Illinois Coalition Against Sexual Abuse Conference, Springfield, IL.
- 2015. Aug** *Team Building,* Student Support Services, Orange County Schools, Hillsborough, NC.
- 2015, July** *Team Building* , administrators of Orange County Schools, Hillsborough, NC
- 2014, Jan.** *Effective Responses to Challenging Students,* Efland Cheeks, Hillsborough, NC.
- 2014, Oct.** *Healthy Sexuality and Boundaries,* Chicago Waldorf School, Chicago, IL
- 2014, Oct.** *When Traumatized Children Come to Day Care,* Evanston Child Care Network, Evanston, IL
- 2014 Sept.** *The Facts About Substance Use,* Chicago Waldorf School, Chicago, IL.
- 2014, Aug.** *Play Therapy,* Illinois Coalition Against Sexual Abuse Conference, Springfield, IL.
- 2014, May** *A New Mindset for Working with Challenging Students,* Orange County Schools, Orange County, NC.
- 2014, March** *Transformative Insight Imagery Level 3,* Center for Contextual Change, Skokie, IL.
- 2014, March** *Accurate Information about Substances,* Waldorf H.S. students, Chicago, IL.
- 2014, Jan** *Recharging Your Battery; Self care for the Caring Professional* to social workers psychologists, Orange County School District, Hillsborough, NC.
- 2013, Nov.** *The Digital Citizenship Movement* to faculty at Niles North H.S., Niles, IL.
- 2013, Nov.** *Healthy Sexuality,* Waldorf H.S. students, Chicago, IL.
- 2013, Nov.** *Digital Citizenship,* Niles North H.S., Niles, IL to students.
- 2013, Nov.** *Teens and Screens,* Niles North H.S., Niles, IL to parents.
- 2013 Oct.** *Cyber-bullying and Screen Use,* Waldorf Middle School and High School Students, Chicago, IL.
- 2013 Oct.** *Toddlers to Teens, Children and Screens,* Parent night at Waldorf School, Chicago, IL
- 2013 Oct** *Treating Trauma Survivors,* WAFCA all day conference, Pewaukee, WI.
- 2013 Oct.** *Transformative Insight Imagery Level 2,* Center for Contextual Change, Skokie, IL.
- 2013 Sept.** *Transformative Insight Imagery Level 1,* Kovler Center, Chicago, IL. Sponsored by the Center for Contextual Change.
- 2013 Sept.** *Recognizing Our Buttons and Not Letting Our Buttons Get Pushed.* Evanston Child Care Network, Evanston, IL.

- 2013 July *Transformative Insight Imagery Level 1*, Center for Contextual Change, Skokie, IL.
- 2013 July *Effective Responses to Traumatized Youth*, Rice Child & Family Center's Residential Counselors Evanston, IL.
- 2013 April *Compassion Fatigue*, Evanston Child Care Network, Evanston, IL.
- 2013 Feb *Play Therapy*. ICASA (Illinois Coalition Against Sexual Assault). Half day training with new therapists statewide, Springfield, IL.
- 2013 Feb *Substance Use*. Parents at Waldorf School, Chicago, IL.
- 2012 Nov *Substance Use (10th grade)*. Waldorf School, Chicago, IL.
- 2012 Nov *Substance Use (11th and 12th grade)*. Waldorf School, Chicago, IL.
- 2012 Oct *Substance Use (9th-12)* Waldorf School, Chicago, IL.
- 2012 Sept *Collaborative Change Model and JSO's*. ABC Counseling, Normal, IL.
- 2012 Aug *Handling Student Disclosures*. Eye to Eye Project, Providence, R.I.
- 2012 June *Clinician's Compass*. Center for Contextual Change, Skokie, IL.
- 2012 June *Compassion Fatigue*. Metropolitan Family Services, Chicago, IL.
- 2012 June *Collaborative Models in Illinois for School Aged Children*, panel in workshop at the Symposium on Child Trauma in the Public Sector, Northwestern University School of Law, Chicago, IL. Keynote by Bruce Perry.
- 2012 April *Concerning Sexual Behaviors in Children* all day training. Wisconsin Association of Family and Children Agencies, Pewaukee, WI.
- 2012 March *Healthy Sexuality (8th-12th)* Waldorf School, Chicago, IL.
- 2012 March *Compassion Fatigue*. ECF District 65 Early Childhood Teachers, Evanston, IL.
- 2012 Feb *When the Traumatized Child Comes to Pre-school*. Reba Early Childhood Center, Evanston, IL.
- 2011 Nov. *What You Can Do About Cyber-bullying and Bullying*. Bradley School faculty Chicago, IL.
- 2011 Oct *The Truth about Sexual Offenders*, Panel presentation and discussion with Joan Tabachnick. Emerging Trends in Child Abuse and Law Symposium at DePaul University, Chicago, IL.
- 2011 Oct *Cyber-bullying (7th- 12th gr)* Waldorf School, Chicago, IL.
- 2100 Nov *Cyber-bullying*. Parents of Waldorf School, Chicago, IL.
- 2011 Aug *The Basics of Clergy Sex Offenders*, Archdiocese of Chicago, Chicago, IL.
- 2011 Aug *Bullying and Cyber-bullying*, Allendale Association for Kids, Lake Villa, IL.
- 2011 July *Responding to Student Disclosures*. Project Eye to Eye's Annual Mentor Training, Providence, RI.
- 2011 July *Wholeness of Being: Transformative Insight Imagery Practicum 2*. Center for Contextual Change, Skokie, IL.
- 2011, April *Compassion Fatigue*. Housing Options, Chicago, IL.
- 2011, April *Compassion Fatigue for Foster Parents*. Illinois Dept of Children and Family Services, Skokie, IL.
- 2011, April *Clinician's Compass*. Center for Contextual Change, Skokie, IL.
- 2011, April *Who Are Sex Offenders?* Children's Memorial Hospital and Northwestern Hospital Symposium, Chicago IL.
- 2011, Feb *Self Injurious Adolescents*. Loyola University, Chicago, IL.
- 2011, Jan *Understanding Children with Problematic Sexual Behaviors*, Rice Children's Home, Evanston, IL.
- 2010, Oct *Cyber-bullying*. Carter G. Woodson Middle School's Parent Teacher Association, Washington Heights, IL.
- 2010, Oct *Cyber-bullying and Sexting Panel*. Children's Legal Rights Journal Symposium Loyola University, Chicago, IL.

- 2010, Oct *Clinician's Compass: Navigating the Complexities of Traumatized Children.* Center for Contextual Change, Skokie, IL.
- 2010, Oct *Compassion Fatigue.* Metropolitan Family Services, Chicago, IL.
- 2010, Sept *Wholeness of Being: Transformative Insight Imagery Practicum 1.* Center for Contextual Change, Skokie, IL.
- 2010, Sept *Building Your Creative Toolbox.* Evanston Child Care Network, Evanston, IL.
- 2010, Sept *Cyber-bullying.* Warren Wright Lecture Series Children's Memorial Hospital, Chicago, IL.
- 2010, Sept *Blue Print for Healing: Treating Traumatized Children.* Wisconsin Association of Family and Children Agencies, Osh Kosh, WI.
- 2010, Jul *Compassion Fatigue.* Metropolitan Family Services, Chicago, IL.
- 2010, Jul *Compassion Fatigue.* StarNet Region, Oak Forest, IL.
- 2010, June *Introduction to Transformative Insight Imagery.* Center for Contextual Change, Skokie, IL.
- 2010, May *Compassion Fatigue.* Rice Children's Center Staff, Evanston, IL.
- 2010, April *Introduction to Transformative Insight Imagery.* Center for Contextual Change, Skokie, IL.
- 2010, April *Cyber-bullying.* Northwestern University, Chicago, IL.
- 2010, April *Cyber-bullying.* Northwestern University, Evanston, IL.
- 2010, April *Treating Sibling Incest.* Rolling Meadows Family Violence Circuit Court Conference, Rolling Meadows, IL.
- 2010, March *Working with Challenging Parents.* Bridges Youth Services, Palatine, IL.
- 2010, March *Understanding Children's Sexual Behaviors.* Children's Home and Aid Foster Parents, Chicago, IL.
- 2010, Jan *Compassion Fatigue.* Children's Memorial Hospital, Chicago, IL.
- 2010, Jan *Understanding Children's Sexual Behaviors.* Sleepy Hollow Elementary School. Sleepy Hollow, IL.
- 2009, Dec *Stress Management.* Illinois Department of Human Rights, Chicago, IL.
- 2009, Nov *Cyber-bullying and Internet Safety.* Burley Elementary School, Chicago, IL.
- 2009, Nov *When Traumatized Children Come to Day Care.* Star Net Region, Oak Forest, IL.
- 2009, Oct *Energy Management.* Housing Options Annual Conference, Chicago, IL.
- 2009, Oct *From Violence and Destruction to Resilience and Rebuilding.* A Time for Resiliency, workshop at Prevent Child Abuse Illinois 15th Annual Conference, Springfield, IL.
- 2009, July *Clinician's Compass.* Beacon Therapeutic Treatment Center, Chicago, IL
- 2009, July *Compassion Fatigue.* Gateways of Hope and Leadership, University Center, Chicago, IL.
- 2009, July *Clinician's Compass: Navigating the Complexities of Treating Traumatized Children.* The National Center for Family Homelessness at Beacon Therapeutic, Chicago, IL.
- 2009, June *Cyber-bullying.* Response Center, Skokie, IL.
- 2009, June *Cyber-bullying: A Technological Assault.* Easter Seals Annual Conference, Oakbrook, IL.
- 2009, June *Understanding Kids with Problematic Sexual Behaviors (for Direct Care Staff).* Rice Children's Center, Evanston, IL.
- 2009, May *Cyber-bullying and Internet Safety.* Sponsored by Lincoln Park Alderman Gene Schultz, Lincoln Park, IL.
- 2009, May *Clinician's Compass: Navigating the Complexities of Traumatized Children.* University of Chicago MSW and MED Students, Chicago, IL.
- 2009, May *Understanding Kids with Problematic Sexual Behaviors (for Clinicians).* Rice Children's Center, Evanston, IL.

- 2009, April *Cyber-bullying: A Technological Assault.* Illinois Nursing Association Annual Symposium, Oak Brook, IL.
- 2009, March *Clinician's Compass: Navigating the Complexities of Working With Traumatized Children.* Center for Contextual Change, Skokie, IL.
- 2009, March *Traumatized Individuals with Developmental Disabilities.* Neuman Association, Chicago, IL.
- 2009, March *Understanding Children With Problematic Sexual Behaviors.* Hephzibah Children's Association, Oak Park, IL.
- 2009, Jan. *The Trauma of Sexual Abuse for Children and Adolescents.* Illinois Coalition Against Sexual Assault Annual Conference, Oakbrook IL.
- 2008, Dec. *Cyber-bullying.* Soloman Schecter School Student/ Parent Lunch Bunch, Skokie, IL.
- 2008, Dec. *Cyber-bullying.* Coonley Middle School Student Assembly, Chicago, IL.
- 2008, Nov. *Effectively Interviewing Children.* Cook County Mediators, Chicago, IL.
- 2008, Nov. *Bullying Panel.* Bridges to Youth, Palatine, IL.
- 2008, Nov. *Energy Management.* Make a Wish Foundation Staff Wellness Day, Chicago, IL.
- 2008, Nov. *Traumatized Students in the Classroom.* Washington Elementary Teacher In-Service, Morton Grove, IL.
- 2008, Oct. *The Trauma Compass; A Guide for Working with People Who Have Experienced Trauma.* Neu-Day at Neuman Association, Chicago, IL.
- 2008, Oct. *Technological Assault.* Lilian Wechtel Annual Symposium keynote address at Children's Memorial Hospital, Chicago, IL.
- 2008, Sept. *Understanding Trauma and Children.* Evanston Child Care Network, Chicago, IL.
- 2008, Aug. *Compassion Fatigue.* Interfaith Refugee , Chicago, IL.
- 2008, Aug. *Living Your Wellness Plan.* Child Care Society, Chicago, IL.
- 2008, May *Internet Safety and Bullying.* Francois Parker School, Chicago, IL.
- 2008, April *Internet Safety and Bullying.* First Presbyterian Church, Evanston, IL.
- 2008, March *The Victim-Survivor Model with Couples.* Chicago Center for Family Health, Chicago, IL.
- 2008, March *Compassion Fatigue.* Chicago Child Care Society, Hyde Park, IL
- 2008, Feb. *Compassion Fatigue.* Evanston Child Care Network, Evanston, IL.
- 2008, Feb. *Compassion Fatigue.* Hephzibah Children's Association, Oak Park, IL.
- 2008, Feb. *Compassion Fatigue.* Rockford Hospital Neonatal Nurses, Rockford, IL.
- 2008, Jan. *Simple Understandings for Complex Problems; Sexually Reactive Kids.* C.H.A.S.I., Chicago, IL.
- 2008, Jan. *Internet Safety and Cyber-bullying.* Middle School Students at Baker Demonstration School, Evanston, IL.
- 2007, Oct. *Internet Safety and Cyber-bullying.* Parents at Le Francais School, Chicago, IL.
- 2007, Oct. *Recognizing and Parenting Healthy Sexual Behavior with Sexually Abused Children.* Hephzibah Children's Association Foster Parents, Oak Park, IL.
- 2007, March *Cyber-bullying.* Baker Dem School, Evanston IL.
- 2007, March *Internet Safety for Children and Families.* North Network Coalition, Winnetka, IL.
- 2007, March *Trauma Assessments with Children.* UCANN, Chicago, IL.
- 2007, March *Creating Safety for Children and Parents through Collaboration.* Evanston Child Care Network, Evanston, IL.
- 2007, Feb *Compassion Fatigue.* Shriners Hospital, Oak Park, IL.
- 2007, Feb *Compassion Fatigue.* Housing Options, Chicago, IL.
- 2007, Jan *Childhood trauma.* Family Practice Residents at St. Joseph's Hospital.
- 2007, Jan *Decoding the Language of Little Ones.* Kmetko, Inc. Chicago, IL.
- 2006, Nov *Compassion Fatigue.* Evanston Child Care Network, Evanston, IL.
- 2006, Nov *Return to Reason: Raising Sexually Healthy Children in a Sexualized Culture.*

- Center for Contextual Change, Oak Park, IL.
- 2006, Sept. ***Simple Understandings for Complex Problems: Treating Children with Problematic Sexual Behaviors.*** Center for Contextual Change, Skokie, IL
- 2006, Sept. ***A Clinician's Compass for Working With Children.*** Center for contextual Change, Skokie, IL.
- 2006, Sept. ***How Can I Help? Parenting a Traumatized Child.*** Center for Contextual Change, Skokie, IL.
- 2006, Aug. ***Compassion Fatigue*** at Lutheran General Hospital Pediatric Oncology Dept. Park Ridge, IL.
- 2006, May ***Compassion Fatigue*** at UCAN, Chicago, IL.
- 2006, April ***Foster Parenting Sexually Reactive Children Part I and II*** at Hepzibah Children's Assoc. Oak Park, IL. Presented with Nancy Gardner.
- 2005, Nov. ***Hide and Seek: Empowering Traumatized GLBT Children and Adolescents*** at the Chicago Children's Advocacy. Co-presented with Demarquis Clarke. Six hour training.
- 2005, Nov. ***Hurricanes, Earthquakes and Wars: Is It All Too Much?*** Sponsored by the Josselyn Center, Northbrook, IL. Co-presented with Mary Jo Barrett.
- 2005, Nov. ***Working with Traumatized Adolescents,*** Northshore Academy, Deerfield, IL.
- 2005, Oct. ***Five Essential Ingredients in Treating Child Sexual Abuse*** at the Midwest Conference on Sexual Abuse, Madison WI. Co-presented with Mary Jo Barrett.
- 2005, Sept. ***Hide and Seek: Empowering Traumatized GLBT Individuals*** at the YWCA, Chicago, IL.
- 2005, Jan ***Updating Your Prescription: Viewing Traumatized Children Through A Neurological Lense,*** at the conference for Chicago Public Schools Chicago, IL.
- 2005, July ***Understanding Sexually Reactive Foster Children,*** Hephzibah Professional training, Oak Park, IL.
- 2005, Jan ***The Impact of Trauma on Learning,*** York School District, York, IL.
- 2004, Dec. ***The Coming Out Process,*** Pride Links, Palatine, IL. In service to teens.
- 2004, Sept ***The Truth About Sexual Offenders,*** Chicago, IL. Sexual Assault Awareness Conference.
- 2004, May ***Parenting Healthy Sexual Development in Young Children.*** Jewish Re-constructivist Church, Evanston, IL.
- 2004, Jan ***Healing Rituals for Adolescents,*** North Network Coalition, Skokie, IL. Presented with Mary Jo Barrett, MSW, to youth service providers on the North Shore.
- 2003, Dec ***Managing A Crisis Effectively,*** Maryville Academy, Des Plaines, IL. Presented to supervisors and managers of the residential campus.
- 2003, Dec ***Sexual Trauma and Adolescents,*** Child Advocacy Center, Chicago, IL. Presented to the staff.
- 2003, Aug. ***Mentoring Adolescents,*** Urban Gateways, Chicago, IL. For mentors in the film industry.
- 2003, June ***Team Building with Adolescents.*** Gallery 37, Chicago, IL, for new faculty.
- 2003, June ***De-escalating Aggression in Youth.*** Gallery 37, Chicago, IL. In-service for new faculty of summer art and theater program.
- 2003, May ***Sensitive Case Management with Incestuous Families*** Casa Central, Chicago, IL.
- 2002, Sept. ***Creating Safety in an Unsafe World,*** Hoffman Estates, IL. Safe from the Start Conference.
- 2002, July ***A Framework for Understanding Trauma-Reactive Children,*** Maryville Academy, Des Plaines, IL.
- 2002 June ***De-escalating Aggression in Youth.*** Gallery 37, Chicago, IL. Two in-services for faculty of summer art and theater program.

- 2002, May** *Helping Your Child Succeed.* Willow High School, Orland Park, IL. Presented with colleague Joseph Cortese to parents of children with behavioral disorders.
- 2002, March** *Classroom Management of Sexually Reactive Children.* Stone Academy Elementary School, Chicago, IL.
- 2001, Dec.** *Parenting in Difficult Times: Post September 11th.* McGaw YWCA, Evanston, IL. Training for parents.
- 2001, June** *De-escalating Aggression in Youth.* Gallery 37, Chicago, IL.
- 2001, May** *Sexually Reactive/ Sexually Abusive Youth.* Lutherbrook Children's Home. Addison, IL. Presented to staff of residential facility.
- 2000, Nov.** *Understanding Your Child's Sexual Behavior Part 1 and 2,* Indianapolis, IN. Workshops at Indiana Foster Care and Adoption Association's 28th Annual Conference.
- 1999-2005** *Transformative Insight Imagery* (18 –27 hrs. each), Skokie, IL. Co-led weekend workshops levels 1, 2, and 3. Certification for healing professionals is offered.